

**From:** [Pickett, Marcus L](#)  
**To:** [Mlicka-Anderko, Joanna A](#); [Gregovich, Ciara A](#); [Lucey, Richard](#); [Briano, Carlos A](#); [Powell, Shirley J](#).  
**Cc:** [Wolf, Susan M](#).  
**Subject:** RE: Notes from Family Summit  
**Date:** Wednesday, October 11, 2023 5:52:34 PM

---

Hi Joana!

I had to search for the note book at home to find the notes. Here's the notes and a brief summary of both sessions. Have a nice day!

## **Youth Engagement Notes Summary for sessions 1 & 2**

### **Speakers**

Chelsea Curtis, U.S. Attorney's office and Silent No More.

Jill Cichowicz, Founder and CEO, 2EndTheStigma

Mitchicho and Kamaya Duff, Family Advocates

Pamela Smith, Speaker on the Fentanyl Epidemic and Opioid Crisis

### **Summary**

Presenters shared their experiences of losing their loved ones to the fentanyl epidemic. Presenters shared their stages of grief and the steps they individually embarked on to begin their advocacy work. Each one shared their journey in creating their coalitions to raise awareness about the dangers of fentanyl and other opioids. Each presenter shared individual strategies they created to aid in educating the public, identification of effective prevention methods, and sharing resources with communities seeking assistance.

### **Strategies to Engage Youth on Drug prevention**

- ✓ Educate youth to choose not to do drugs instead of telling them not to do drugs.
- ✓ Talk to our youth early about the dangers of drugs and continue to talk to them even if you do not believe they are listening-they are always listening and watching the behavior of adults.
- ✓ Educate individuals and share life experiences so that they can make informed decisions.
- ✓ Suggest that they take a pledge to remain drug-free (Red Ribbon, Drug-Free World, Scouts, etc.).
- ✓ Be honest when communicating with youth about drugs and utilize an age-appropriate messaging and information.
- ✓ Use resources like the Emotional Wheel if youth are already using gateway drugs.
- ✓ Listen, Listen, and Listen to what youth are saying and pay attention to their body language and nonverbal communication.
- ✓ Introduce youth to evidence-based interventions such as DEA & SAMSHA Facts Sheets, Operation Prevention courses, Peer pressure (social resistance) skills training, anti-drug education, and Life Skills Training.
- ✓ Be culturally sensitive and display empathy when educating, bringing awareness, and addressing issues with youth of diverse backgrounds (remember their parents and guardians could be using).

\*\*\*\*\* SHARE RESOURCES and IDEAS\*\*\*\*\* because youth respond differently to the message depending on who is giving the message and their background\*\*\*\*\*

Respectfully,

**Marcus Pickett, MBA, MS, CRC**

Community Outreach Specialist  
Drug Enforcement Administration  
Seattle Field Division

300 5<sup>th</sup> Avenue, Suite 1300  
Seattle, WA 98104

[Marcus.L.Pickett@dea.gov](mailto:Marcus.L.Pickett@dea.gov)

Cell: 206-225-6804  
Office: 571-387-4035

---

**From:** Mlicka-Anderko, Joanna A. <Joanna.A.Mlicka-Anderko@dea.gov>

**Sent:** Wednesday, October 11, 2023 4:55 AM

**To:** Pickett, Marcus L <Marcus.L.Pickett@dea.gov>; Gregovich, Ciara A <Ciara.A.Gregovich@dea.gov>; Lucey, Richard <Richard.Lucey@dea.gov>; Briano, Carlos A <Carlos.A.Briano@dea.gov>; Powell, Shirley J. <Shirley.J.Powell@dea.gov>

**Cc:** Wolf, Susan M. <Susan.M.Wolf@dea.gov>

**Subject:** Notes from Family Summit

Good Morning,

Do you all have the blurbs/notes that you took during your individual sessions for the Family Summit breakout sessions you can share with me so we can add them to the website? I just need a couple of bullet points please. I can't remember if Cassandra or Sue had asked you already, so I apologize if you already sent them over, but I would appreciate getting a copy please.

Thanks!

Joanna

Joanna Mlicka-Anderko  
Senior Prevention Program Manager  
Community Outreach and Prevention Support  
Office: 571-776-3496  
Cell: 202-294-3823

**\*Please note that my email has changed to: [Joanna.A.Mlicka-Anderko@dea.gov](mailto:Joanna.A.Mlicka-Anderko@dea.gov).\***

